546.g.18
3

SOME

OBSERVATIONS

Made upon the ROOT called

Nean, or Ninſing,

IMPORTED

From the *EAST-INDIES.*

SHEWING

Its wonderful Virtue, in curing *Conſumptions*, *Ptiſſicks*, *Shortneſs of Breath*, *Diſtillation of Rhume*, and reſtoring Nature after it hath been Impaired by Languiſhing Diſtempers, and long Fits of Sickneſs.

Peachey

Publiſht by a Doctor of Phyſick in *York-ſhire*, in a Letter to Mr. *Colwell*, a Member of the *Royal Society*, 1680.

LONDON,
Printed for the Author.

SOME

OBSERVATIONS

Made upon

The ROOT called *NEAN*, or *NINSING*, &c.

SIR,

I Have read that ſome famous Divines have not ſpared to report in Print, that they believed *Cardan* Phyſician to King *Edward* the Sixth, was now in Hell, becauſe he refuſed to tell the World a Secret with which he wrought great Cures. And therefore for my part, I am reſolved to prevent the Occaſion of any ſuch Cenſure, and freely Communicate this Noble and Excellent Medicine, that hath done ſuch great Cures in *China*, *Japan*, and many other parts of the World, when abundance of compounded Elaborate Remedies have proved ineffectual.

When I lived at *Hull* in *Yorkſhire*, a parcel of it was given me for a Preſent, which I uſed with wonderfull ſucceſs: And particularly, to a Relation

of Mr. *Andrew Marvel*'s, who was much emaciated, and reduced unto a perfect Skeleton, a meer Bag of Bones, by a long Hectick Feaver, joyned with an Ulcer of the Lungs; being despaired of by all Friends, I was resolved to try what the Tincture of this Root would doe, which I gave every Morning in Red Cows Milk, warm from her Duggs, (which my worthy Friend and intimate Acquaintance, Dr. *Primrose*, preferrs before Asses Milk, as you may see in his Book called *Popular Errors*): And I found his Flesh to come again like that of a Child, and his lost Appetite restored, and his natural Ruddy Complexion revived in his Cheeks, to the Amazement of his desponding Relations, that he was called *Lazarus the Second.*

I solemnly profess, that I hate all Pretences to Secrets, and I look upon the Printed Bills of Quacks, who pretend to *Nostrums*, and private Medicines, to be meer Cheats, and Tricks to amuse the common People, and to pick their Pockets: But if any Man can communicate a good Medicine, he shews himself a Lover of his Countrey more than of himself, and deserves Thanks of Mankind.

And for my part, I verily believe, that next unto the Virtue of *Scarborough Spaw*, (which I suppose I have sufficiently recommended) I think this is one of the best Medicines in the World, and in many cases better against Consumptions and Distempers of the Lungs than that.

Ogleby in his Natural History of *China*, tells the World, that a Pound of this Root is sold in the Countrey

Countrey wherein it growes, for three times its weight in Silver, it is looked upon as ſo great a Cordial.

And *Piſo* that Learned Phyſician eſteems it a mighty Reſtorer of Nature, and as far as may be a Renewer of Youth.

Publick Fame ſaith, that the Popes of *Rome*, who are choſen to that Office when they are very Old, doe make great uſe of this Root, to preſerve their Radical Moyſture and natural Heat, that ſo they may the longer enjoy their Comfortable Preferments.

I once recommended this Root to my good Friend Mr. *Steel* the Miniſter, with ſingular advantage to his Health, as he told me; but finding him under the Care of an Excellent Phyſician, I adviſed him to lay aſide all Medecins but what he preſcribed.

When I read the Bills of Mortality, and find three or four Thouſand dye in a Year of Conſumptions, notwithſtanding all the rational Methods of Phyſicians, and the boaſting Pretences of Quacks and Mountebanks, I could no longer conceal this Excellent Specifick..

A very conſiderable Perſon at *Hull*, who was very much pined away, had a Cough and Shortneſs of Breath, a Quick Pulſe, and an intenſe Heat, at ſome certain times, with wandering Pains in ſeveral parts of his Body, and reſtleſs Nights, and no Appetite to Food; my Advice being deſired, I wiſht

him to take the Extract made with this Root every Night in Almond-Milk; and in a Months time he grew fat and plump, and all his ill ſymptoms left him, and he is yet alive, to the Glory of God, and the Comfort of his Relations.

One thing is very remarkable, that let the Cauſe of the Conſumption be what it will, *viz.* an Ulcer of the Lungs, or a Scorbutick ſharp Humour in the Blood, or a Hectick Feaver, or the Infection of the Spermatick Veſſels, which in time and in various Diſguiſes ſpoyls the whole Habit of the Body, and by diſabling the parts to digeſt their Nouriſhment, bring Leanneſs and Conſumption; I ſay let any of theſe, or all of them, be Cauſes, yet this Root proves advantageous, as Experience teſtifies.

The Caſe of the Gentlewoman at *Leeds* in *Yorkſhire* is very remarkable, who catching cold in her Lying in, fell under great Weakneſs, a dry Cough, Stitches in her Breſt and Sides, Heat in her Palms and Feet, pining away inſenſibly; many Phyſicians were conſulted, but all in vain; at laſt I adviſed her to take the Spirit made of this Root, about ten Drops at a time, in a Glaſs of old *Mallago* after Dinner. In a ſhort time after ſhe gathered her Fleſh, and had Five Children.

At *Rippon* there was a Good Friend of mine, of a conſiderable Eſtate, whoſe only Child falling into a deep Conſumption upon his Breeding of Teeth, the Parents being almoſt diſtracted for want of an Heir, nothing elſe being expected but Death, and the Child being tyred out with other Medicines, I re-

recommended the Tincture, Spirit and Extract made of this Root; and in ſix Weeks time the Child mended and grew ſtrong and luſty, and is like to be a Man.

Theſe and many ſuch Examples might be given, which are great Encouragement to make uſe of ſuch a known, ſafe, and experienced Remedy, and ſo very pleaſant as this is, being taken only in Drops, whereby it becomes extreamly agreeable unto Children, who pine away upon breeding their Teeth, as daily Experience ſhews, to the great Grief of many tender Mothers.

A Friend of mine at *York* who buried Six Children, preſerved the ſeventh (under God) with this Root; for it hath no manner of Heat, but is exceeding temperate, and may be given in all their Victuals and Spoon-meat.

Mr. *Boyle* once told me, he thought it was a Medicine ſent from Heaven, to ſave the Lives of Thouſands of Men, Women and Children.

FINIS.